

First you need to be able to log on

To do that you'll need a **username** and a **password**

After you log on you will have to **change your password**

Your user name is easy to work out...

28 (the year you'll do your GCSEs!)

first letter of **first** name

first 3 letters of last name

01 (zero one)

So, Dave Squirrel is 28dsqu01

After you log in you will need to change your password

Passwords need to be:

- easy to remember
- hard to guess
- something that you don't tell to anyone else

Passwords need to have:

- Capital letters
- Be at least 8 characters long
- Have a number
- Not use your name
- Not use really simple words like "password"

Here's a quick way to choose a good password:

Colour + Animal + House number

Red	Horse	42
Green	Hamster	23
Blue	Cat	3b
Orange	Dog	03
Purple	Pig	748
Brown	Sheep	
Black	Duck	
White	Cow	

You will need your e-mail address for lots of things

username@cliffparkoa.co.uk